

# Elementary Breakfast Menu

## August & September 2019



Breakfast is served before school daily in all elementary cafeterias at 8:40 am.

Breakfast is \$2.00.

Breakfast is available for free for those approved for free meals and \$0.30 for those approved for reduced priced meals.



Monday	Tuesday	Wednesday	Thursday	Friday
Bagel & Cream Cheese or Reduced Sugar Cereal Bowl With Milk Choice of: Fresh Fruit Canned Fruit 100% Juice	Scrambled Eggs or Reduced Sugar Cereal Bowl With Milk Choice of: Fresh Fruit Canned Fruit	Warm Cinnamon Bread or Reduced Sugar Cereal Bowl With Milk Choice of: Fresh Fruit Canned Fruit 100% Juice	Fruit Smoothie or Reduced Sugar Cereal Bowl With Milk Choice of: Fresh Fruit Canned Fruit	Cheese Omelet or Reduced Sugar Cereal Bowl With Milk Choice of: Fresh Fruit Canned Fruit 100% Juice

**wake up!**  
School Breakfast



### Free & Reduced Meals

Families with qualifying income are eligible to receive school meals at free or reduced cost. The forms can be found on the HCS website or at each school.

Please be aware that the use of the Free & Reduced meal program is a *confidential* process. Free and reduced meals are purchased just as full price meals, without identifying the student's eligibility.

Please contact our office if you have any questions regarding this program at

810-626-2867.



This institution is an equal opportunity provider.