



# JANUARY | 2019

## Hartland Schools Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 No School!	1 No School!	2 A. Hungry Howie's Pizza & Whole Grain Breadstick or B. Taco Salad with Salad Greens & Tomato Diced Peaches Fruit & Veggie Bar, Milk	3 A. Hot Italian Sub or B. Mini Corn Dogs with Oven Baked French Fries Fresh Pear Fruit & Veggie Bar Milk	4 A. Penne Pasta & Meat Sauce or B. Popcorn Chicken with a Whole Grain Roll with Baby Carrots Pineapple Tidbits Fruit & Veggie Bar Milk
7 A. Hungry Howie's Pizza & Whole Grain Breadstick or B. Turkey & Cheese Sub With Salad Greens & Tomato Fresh Apple Fruit & Veggie Bar Milk	8 A. Beef Nachos or B. Chicken Nuggets with a Whole Grain Roll With Hummus & Carrot Sticks Mixed Fruit Fruit & Veggie Bar Milk	9 A. Mini Eggo Waffles or B. Mini Pancakes With Sausage Hashbrown Stars 100% Juice Fruit & Veggie Bar Milk	10 A. Chicken Drumstick or B. Hot Dog on a Whole Grain Bun With Mashed Potatoes & Gravy Orange Slices Fruit & Veggie Bar Milk	11 A. Crazy Cheesy Bread or B. Popcorn Chicken with a Whole Grain Roll with Steamed Green Beans Fun Flavored Applesauce Fruit & Veggie Bar Milk
14 A. Hungry Howie's Pizza & Whole Grain Breadstick or B. Chicken Caesar Salad w/ Twisted Garlic Breadstick Salad Greens & Tomato Diced Peaches Fruit & Veggie Bar Milk	15 A. Walking Taco or B. Chicken Tenders with a Whole Grain Breadstick With Black Beans Grapes Fruit & Veggie Bar Milk	16 A. Mini Blueberry Pancakes or B. Apple Cinnamon Texas Toast With Sausage Hashbrown Patty 100% Juice Fruit & Veggie Bar Milk	17 A. 3-2-1 Lunch 3 Chicken Sticks, 2 Chicken Nuggets and 1 Cheese Cruncher or B. Corn Dog With Celery & Carrot Sticks Apple Slices Fruit & Veggie Bar, Milk	18 No School!
21 No School!	22 A. Hungry Howie's Pizza with Whole Grain Breadstick or B. Turkey & Cheese Sub with Salad Greens & Tomato Fresh Apple Fruit & Veggie Bar Milk	23 A. Mini Pancakes or B. French Toast Sticks With Sausage Hashbrown Stars 100% Juice Fruit & Veggie Bar Milk	24 A. Macaroni & Cheese or B. Mini Corn Dogs With Baked Beans Clementines Fruit & Veggie Bar Milk	25 A. Cheeseburger on a Whole Grain Bun or B. Popcorn Chicken with a Whole Grain Roll with Oven Baked French Fries Cinnamon Applesauce Fruit & Veggie Bar, Milk
28 A. Hungry Howie's Pizza with Whole Grain Breadstick or B. Taco Salad with Salad Greens & Tomato Diced Peaches Fruit & Veggie Bar Milk	29 A. Walking Taco or B. Chicken Patty on a Whole Grain Bun With Refried Beans Apple Slices Fruit & Veggie Bar Milk	30 A. Mini Cinnis & Sausage or B. Turkey Sausage, Egg & Cheese Stuffed Bosco Stick With Hashbrown Patty 100% Juice Fruit & Veggie Bar, Milk	31 A. Hot Italian Sub or B. Mini Corn Dogs with Oven Baked French Fries Fresh Pear Fruit & Veggie Bar Milk	1

### Free & Reduced Meals

Families with qualifying income are eligible to receive school meals at free or reduced cost. The forms can be found on the HCS website or at each school.

Please be aware that the use of the Free & Reduced meal program is a *confidential* process. Free and reduced meals are purchased just as full price meals, without identifying the student's eligibility.

Please contact our office if you have any questions regarding this program at 810-626-2867.

### C. Choice available every day! Yogurt Boat

Yogurt, String Cheese,  
Choice of 2 of the following (but cannot be 2 of the same):  
Whole Grain Blueberry Muffin  
Whole Grain Cheddar Goldfish Crackers  
Granola  
Includes Fruit & Veggie Bar and Milk

Elementary Lunch \$2.50

Our elementary Fruit & Veggie Bars have a variety of fruit and veggies every day!

Students purchasing lunch can choose as many fruits and veggies as they can eat!