



MARCH | 2020

Farms Intermediate Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A. Breaded Ravioli & Marinara Sauce B. Taco Salad C. Popcorn Chicken with a Whole Grain Roll Fresh Broccoli Diced Peaches Milk	3 A. Beef Soft Taco B. Chicken Caesar Salad C. Hot Dog on a Whole Grain Bun Steamed Corn Apple Slices Milk	4 A. Hungry Howie's Pizza with a Whole Grain Breadstick B. Garden Salad with Grilled Chicken C. Chicken Tenders with a Whole Grain Roll Salad Greens & Tomato Fresh Pear Milk	5 A. Mini Vanilla Pancakes & Sausage B. Taco Salad C. Chicken Patty on a Whole Grain Bun Hashbrown Patty 100% Juice Milk	6 A. Cheeseburger on a Whole Grain Bun B. Chicken Caesar Salad C. Bosco Sticks with Marinara Oven Baked French Fries Pineapple Tidbits Milk
9 A. Personal Pepperoni Pizza B. Taco Salad C. Popcorn Chicken with a Whole Grain Roll Tater Tots Fresh Apple Milk	10 A. Bean & Cheese Tostada Bowl B. Chicken Caesar Salad C. Corn Dog Refried Beans Peach Cup Milk	11 A. Hungry Howie's Pizza with a Whole Grain Breadstick B. Garden Salad with Grilled Chicken C. Chicken Tenders with a Whole Grain Roll Salad Greens & Tomato Fresh Pear Milk	12 A. Scrambled Eggs & Sausage with a Biscuit B. Taco Salad C. Chicken Nuggets with a Whole Grain Roll Hashbrown Stars 100% Juice Milk	13 A. Meatball Sub B. Chicken Caesar Salad C. Bosco Sticks with Marinara Steamed Green Beans Sliced Peas Milk
16 A. Turkey & Gravy B. Taco Salad C. Popcorn Chicken with a Whole Grain Roll Steamed Carrots Clementine Milk	17 A. Walking Taco B. Chicken Caesar Salad C. Mini Corn Dogs Baked Beans Fresh Grapes Milk	18 A. Hungry Howie's Pizza with a Whole Grain Breadstick B. Garden Salad with Grilled Chicken C. Chicken Tenders with a Whole Grain Roll Salad Greens & Tomato Fresh Apple Milk	19 A. Mini Cinnis & Sausage B. Taco Salad C. Chicken Patty on a Whole Grain Bun Hashbrown Patty 100% Juice Milk	20 A. Chicken Drumstick with a Whole Grain Roll B. Chicken Caesar Salad C. Bosco Sticks with Marinara Oven Baked Potato Wedges Raisins Milk
23 A. Crazy Cheesy Bread B. Taco Salad C. Popcorn Chicken with a Whole Grain Roll Oven Baked French Fries Fresh Apple Milk	24 A. Chicken & Cheese Taquitos B. Chicken Caesar Salad C. Hot Dog on a Whole Grain Bun Black Beans & Salsa Diced Peas Milk	25 A. Hungry Howie's Pizza with a Whole Grain Breadstick B. Garden Salad with Grilled Chicken C. Chicken Tenders with a Whole Grain Roll Salad Greens & Tomato Orange Slices Milk	26 A. Mini Pancakes & Sausage B. Taco Salad C. Chicken Nuggets with a Whole Grain Roll Hashbrown Stars 100% Juice Milk	27 A. Penne Pasta & Meat Sauce B. Chicken Caesar Salad C. Bosco Sticks with Marinara Steamed Mixed Veggies Fun Flavored Applesauce Milk
30 No School!	31 No School!	1 No School!	2 No School!	3 No School!

Student Lunch \$2.75

Farms Breakfast \$2.00

Available Daily

Cereal

Muffin or Breakfast Bread

Cereal Bar

Yogurt

Bagel

Daily Specials

Pancake Bites

Mon.- Fruit Smoothies

Tues.- Egg, Sausage & Cheese Muffin

Wed.- Scrambled Eggs

Thurs.- Whole Grain Breakfast Bun

Fri.- All Breakfast Meals Include

Fruit & Milk

**4th LUNCH Choice
available every day!**

Yogurt Boat

Yogurt, String Cheese,

Choice of 2 of the following

(but cannot be 2 of the same):

Whole Grain Blueberry Muffin

Whole Grain Goldfish Crackers

Granola

**Included Vegetable, Fruit, Fruit
& Veggie Bar and Milk**

Our FIS Fruit & Veggie Bar has a variety of fruit and veggies every day.

Students purchasing lunch can choose as many fruits and veggies as they can eat!