

OCTOBER | 2021



Elementary Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
				Macaroni & Cheese Steamed Green Beans Fresh Grapes Milk
4	5	6	7	8
Pizza Variety Salad with a Side of Ranch Clementine Milk	Chicken Tenders Whole Grain Pretzel Rod Steamed Broccoli Fresh Grapes Milk	Grilled Cheese Tater Tots Applesauce Milk	Corn Dog Hummus & Celery Sticks Diced Pears Milk	Pasta & Meat Sauce Baby Carrots Fresh Apple Milk
11	12	13	14	15
Pizza Variety Salad with a Side of Ranch Apple slices Milk	Popcorn Chicken Whole Grain Roll Fresh Broccoli Fun Flavored Applesauce Milk	Walking Taco Refried Beans Fresh Apple Milk	Mini Corn Dogs Potato Wedges Peach Cup Milk	Pasta with Alfredo Sauce Baby Carrots Fresh Pear Milk
18	19	20	21	22
Pizza Variety Salad with a Side of Ranch Fresh Apple Milk	Chicken Nuggets Whole Grain Breadstick Hummus & Celery Sticks Clementine Milk	Lasagna Roll-Up Garlic Breadstick Baby Carrots Mixed Fruit Cup Milk	Hot Dog on a Whole Grain Bun Oven Baked French Fries Diced Peaches Milk	No School!
25	26	27	28	29
Pizza Variety Salad with a Side of Ranch Fresh Apple Milk	Popcorn Chicken Whole Grain Roll Baby Carrots Apple Slices Milk	Beef Taco Stick Black Beans Fresh Pear Milk	Cheeseburger on a Whole Grain Bun Oven Baked French Fries Diced Peaches Milk	Crazy Cheesy Bread Steamed Green Beans Mixed Fruit Cup Milk PUMPKIN COOKIE!

Breakfast and lunch meals are FREE for ALL students.

2nd Lunch Choice available everyday:
Yogurt, Muffin, Cheese stick, Fruit, Veggie & Milk

BREAKFAST is available before school at every building!

Breakfast Menu

Monday- Bagel & Cream Cheese, Fruit & Milk

Tuesday- Reduced Sugar Cereal, Fruit, Juice & Milk

Wednesday- Yogurt, Mini Muffin, Fruit & Milk

Thursday- Cream Cheese Stuffed Bagels, Fruit, & Milk

Friday- Warm Cinnamon Bread, Fruit & Milk

Please note the menu is subject to last minute changes due to items shortages and distribution interruptions. Thank you for your understanding.