

# OCTOBER | 2021

## Legacy High School Breakfast & Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 <u>Breakfast</u> Reduced Sugar Cereal, Fruit & Milk  <u>Lunch</u> A. Pizza B. Turkey, Bacon & Swiss Sub
4 <u>Breakfast</u> Apple Cinnamon Bar, Fruit & Milk  <u>Lunch</u> A. Sweet & Sour Chicken B. Chicken Caesar Salad	5 <u>Breakfast</u> Whole Grain Poptart, Fruit & Milk  <u>Lunch</u> A. Macaroni & Cheese B. Garden Salad with Turkey & Ham	6 <u>Breakfast</u> Muffin, Fruit & Milk  <u>Lunch</u> A. Mini Corn Dogs B. Ham & Swiss Sub	7 <u>Breakfast</u> Bagel & Cream Cheese, Fruit & Milk  <u>Lunch</u> A. Bacon Cheeseburger B. Buffalo Chicken Salad	8 <u>Breakfast</u> Reduced Sugar Cereal, Fruit & Milk  <u>Lunch</u> A. Pizza B. Turkey, Bacon & Swiss Sub
11 <u>Breakfast</u> Apple Cinnamon Bar, Fruit & Milk  <u>Lunch</u> A. Honey BBQ Boneless Wings B. Chicken Caesar Salad	12 <u>Breakfast</u> Whole Grain Poptart, Fruit & Milk  <u>Lunch</u> A. Corn Dog B. Garden Salad with Turkey & Ham	13 <u>Breakfast</u> Muffin, Fruit & Milk  <u>Lunch</u> A. Pasta & Meat Sauce B. Ham & Swiss Sub	14 <u>Breakfast</u> Bagel & Cream Cheese, Fruit & Milk  <u>Lunch</u> A. Beef Nachos B. Buffalo Chicken Salad	15 <u>Breakfast</u> Reduced Sugar Cereal, Fruit & Milk  <u>Lunch</u> A. Pizza B. Turkey, Bacon & Swiss Sub
18 <u>Breakfast</u> Apple Cinnamon Bar, Fruit & Milk  <u>Lunch</u> A. Italian Sub B. Chicken Caesar Salad	19 <u>Breakfast</u> Whole Grain Poptart, Fruit & Milk  <u>Lunch</u> A. Pizza B. Garden Salad with Turkey & Ham	20 <u>Breakfast</u> Muffin, Fruit & Milk  <u>Lunch</u> A. Mini Corn Dogs B. Ham & Swiss Sub	21 <u>Breakfast</u> Bagel & Cream Cheese, Fruit & Milk  <u>Lunch</u> A. Bacon Cheeseburger B. Buffalo Chicken Salad	22  No School!
25 <u>Breakfast</u> Apple Cinnamon Bar, Fruit & Milk  <u>Lunch</u> A. Sweet & Sour Chicken B. Chicken Caesar Salad	26 <u>Breakfast</u> Whole Grain Poptart, Fruit & Milk  <u>Lunch</u> A. Macaroni & Cheese B. Garden Salad with Turkey & Ham	27 <u>Breakfast</u> Muffin, Fruit & Milk  <u>Lunch</u> A. Pizza B. Ham & Swiss Sub	28 <u>Breakfast</u> Bagel & Cream Cheese, Fruit & Milk  <u>Lunch</u> A. Beef Nachos B. Buffalo Chicken Salad	29 <u>Breakfast</u> Reduced Sugar Cereal, Fruit & Milk  <u>Lunch</u> A. Waffles & Sausage B. Turkey, Bacon & Swiss Sub

All breakfast and lunch meals are FREE for ALL students.

BREAKFAST is available before school at every building!

Please note the menu is subject to last minute changes due to items shortages and distribution interruptions. Thank you for your understanding.